

***MISSION TO  
UGANDA  
OUT REACHES  
NYENGA PARISH  
10/04/2022***





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#### MISSION TO UGANDA OUTREACHES

##### MALARIA

Is a disease caused by a bite of a mosquito.

##### SIGNS AND SYMPTOMS

- Fever ·Joint pain ·Loss of appetite
- Nausea and vomiting ·General body weakness
- Headache

##### SEVERE MALARIA CAN PRESENT WITH

- Confusion ·Anemia ·Hypoglycemia
- Dehydration ·Hematuria ·Hyperpyrexia ·Convulsion

##### PREVENTION

- Sleeping under a mosquito net ·Clearing bushes.
- Closing doors and windows ·Pitting on long clothing
- Draining away stagnant water
- Killing mosquitoes ·Seeking medical attention

##### OMUSUJJA GW'ENSIRI

Bwe bulwaddwe obuleetebwa oluvanyuma lw'okulumibwa nsiri.

##### OBUBONERO BW'OMUSUJJA

- Omubiri okwokya ·Okulumwa omutwe n'ennyingo
- Obunafu mu mubiri ·Obutayagala kulya mmere
- Okusinudukirirwa ememe ·Okusesema

##### OBONERO OBUTIISA NGA

1. Okutabuka obwongo
2. Okugwamu omusaayi
3. Sukaali w'omubiri okukka.
4. Okugwamu amazzi mu mubiri
5. Omusaayi mu musulo.
6. Omubiri okwokya enyo
7. Okwesika

##### OMUSUJJA OGWETANGIRA OTYA?

1. Okwebaka mukatimba kensiri
2. Nga tusaawa nokulima ensiko etwetolodde
3. Okuggala eziggi n'amaddirisa
4. Nga twambala engoye empanvu.
5. Okusenda amazzi agalegamy
6. Okutta ensiri
7. Nga tufuna obujanjabi nga tulwaddwe



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##### DIABETES MELLITUS

Is a chronic metabolic disease characterized by elevated levels of blood glucose or blood sugar.

##### RISK FACTORS FOR DIABETES

- Family history ·Over Weight ·Inactivity ·Race or Ethnicity ·Age ·Pregnancy.
- High blood pressure ·Abnormal cholesterol levels.

##### COMPLICATIONS

- Cardiovascular disease ·Nerve damage (neuropathy) ·Kidney damage (nephropathy)
- Eye damage (Retinopathy) ·Hearing impairment ·Depression.

##### PREVENTION

- Eat healthy foods ·Doing physical exercises ·Losing weight.

##### HYPERTENSION

Is a long term condition in which the blood pressure in the arteries is persistently elevated.

What causes this:

- (a) sometimes the cause is an unknown (b) It can also be due to:
- Diseases of the kidney, brain, liver, Drugs, Age, Taking alcohol, Gender, Family history, Obesity, Stress, Sedentary life style, Smoking

##### Signs and symptoms

- \* Severe headache \* Nausea and vomiting \* Fatigue
- \* Dizziness \* Bleeding from the nose \* Shortness of breath
- \* Blurred vision \* Chest pain \* Palpitations
- \* Blood in urine

##### How can hypertension be controlled?

- Weight loss
- Taking a low salt diet
- Eating more of fruits and vegetables.
- Stop smoking
- Stopping alcohol
- Doing exercise
- Proper management of stress.

##### 1. Pharmacological measures

which include:

- \* Taking hypertensive drugs
- \* Regular blood pressure checking
- \* Identifying the cause and treating it.

##### OBULWADDE BWA PULEESA

Bwe bulwaddwe obuva ku nziruka y'omusayi oba ku misindde omusayi gyegutambulirako mumisiwa gy'omubiri.

Ki ekigileeta?

1. Embeera etategerekeka.
2. Endwadde
3. Okukozesa ebilagalalagala
4. Okunya enyo omwenge
5. Okufuweta sigala
6. Okukula mu myaka (obukadde)
7. Okwerankirira
8. Obunene obuyitiride.
9. Etambulila mumusayi.

Ebilaga nti olina puleesa:

1. Okulumwa omutwe
2. Kamuguluzi
3. Okufuna ekifu kumaaso.
4. Okusindikirwa emmeme oluusi
5. Olusi okufuna obuzibu mukussa
6. Okulumwa ekifuba n'okukubwa entununi
7. Obukoowu
8. Okuva omusaayi munyindo

Okukakanya Puleesa

1. Okukendeeza omubiri
2. Okulya omunyo ogwekigero
3. Okulya ennyo ebibala. n'enva endiwa
4. Okuva ku mmwenge ne sigala
5. Okukola dduyo
6. Obutalikirira nnyo

Mu ngeri y'obukugu:

1. Okumira eddala lya puleesa obulungi.
2. Okukebera puleesa yo mukisera ekigera.



# INTRODUCTION

This is the second outreach to be held in Nyenga Parish, it's immediately after celebrating mass on the lord's day palm Sunday. The entire community positively responded and was glad to receive health services from us again.





# SERVICES PROVIDED

Health Education And Free Consultation.

Eye Care.

Dental Care.

Screening of high blood pressure  
and high blood sugars.

Laboratory.

Free Quality Treatment.





# JOINT VOICE FROM THE COMMUNITY

We are really so blessed and thank God for Mother Kevin who established this hospital, we have been comforted at all times with quality health services. we send our appreciation to the hospital benefactors ,administrators, and staff for doing God's work tirelessly and also offering free quality services to us the second time most especially being a Palm Sunday may the Almighty shower u with blessings to last.





# PHOTOS





# OUT REACH VENUE AND TRIAGE





# PATIENTS DURING CONSULTATION





# LABORATORY





# EYE CLINIC





# DENTAL CLINIC

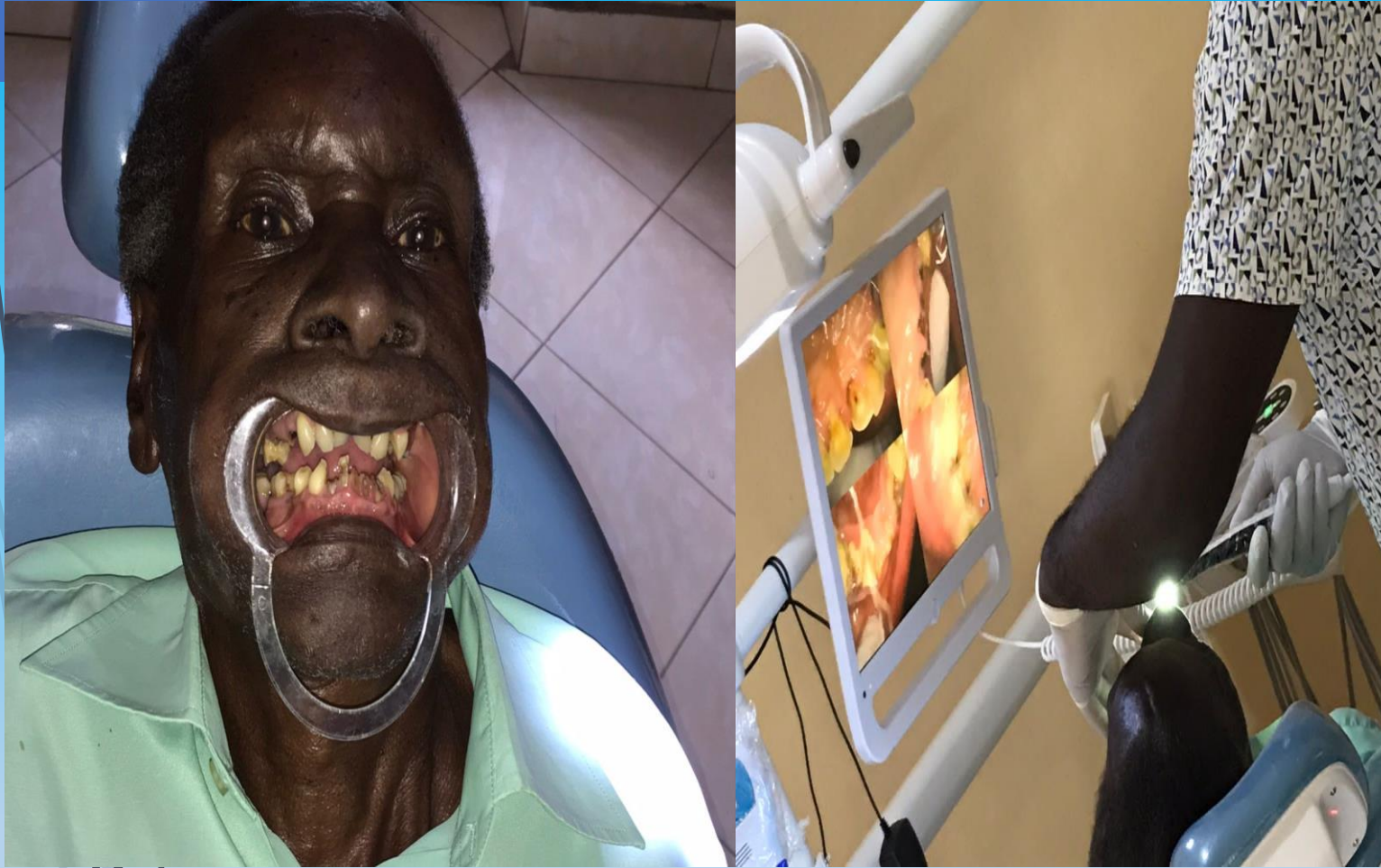
THE VENUE BEING CLOSE TO THE HOSPITAL, DENTAL PATIENTS WERE DIRECTED TO HOSPITAL FOR CARE



The Dentist taking care of the patient



# DENTAL SERVICES CONTINUED



One of the Dental patients examined was this old man of 84 years.

He was glad to be offered this free examination at no cost.

It was found out that He can no longer eat due to lack of teeth and the remaining teeth are shaky and too painful so he resorted to drinking only and eating extremely soft food if he gets a chance of it..

Up on examination this man needs 19 artificial teeth(dentures) which are very expensive for the poor old man. However he remained very grateful



# DISPENSARY





# TABLES

DISEASES	NUMBER
MALARIA	41
HTN	22
DM	5
GASTRO DISODERS	48
DENTAL CASES	28
ARTHRITIS AND NEUROPATHY	27
EYE CASES	53
RTI	50
SKIN CASES	18
PID	7
GASTRO ENTERITIS	10
BACTEREMIA	6
HELMETHIASIS	
FUNGAL INFECTIONS	7
TOTAL	297

TOTAL LABARATORY TEST	125
TOTAL MRDT	87
POSITIVE MRDT	41
NEGATIVE MRDT	46
URINALYSIS	14
RBS	30



# THANK U VERY MUCH

MOSQUITO NETS	75
RE USABLE SANITORY TOWELS	50
DISPOSABLE SANITORY TOWELS	25



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